

Name: _____

The Pie Exercise: Thinking about Our Own Identities

Step One: Make a list of all your identities, or groups to which you belong. This list could include social identities, such as racial and ethnic group, sexual orientation, religion, gender or socio-economic class. It could also include other groups you identify with, such as your profession, the geographic region in which you grew up, or even your favorite hobbies (An example for someone might be: White, woman, middle class, high school student, straight, Catholic, drummer, Michigander, etc.)

My Identities: The groups to which I belong

Step Two: Think about how important each of the identities you listed above are to your daily life. Are some more important to you than others? Do you think about some of these a lot? Are there some you hardly ever think about? Are there some other people remind you about or treat you unfairly for?

Step Three: Create a pie chart based on how important each to these are in your life. For example, if you think about your race everyday, you might want to give it a big slice of the pie. If your age is not very important to you, for instance, you might want to give it a tiny slice.

